



NATIONAL CHILD ABUSE PREVENTION MONTH

April Activity CHECKLIST



Every child deserves a safe, healthy, and happy childhood.

We encourage all parents to spend quality time with their children this month to nurture their development through play and meaningful connections.

HAVE FUN CHECKING THINGS OFF AS YOU GO!

TO SPARK IDEAS,
WE'VE PUT
TOGETHER THIS
LIST OF
SUGGESTED
ACTIVITIES.

☐ Check out the Family Advocacy Program booth for resources and support
Apr. 1, 11AM-1PM, MCCS Dining Hall

☐ Talk to your child(ren) about physical, mental, and emotional safety.

☐ Hug your child(ren) and tell them how much you love them.



☐ Go to Covella Pond and watch the geese.

☐ Visit the Base Library and check out your favorite books.

☐ Have a family fun night. What will you do?

☐ Do arts and crafts together.



☐ Go to the Kickball Kickoff
Apr. 7, 1-3PM at the Softball Field.

☐ Build an indoor fort with sheets, blankets, and pillows.

☐ Cook dinner together.



☐ Share with your child(ren) all the things that make them special to you.

☐ Go to a park and play.

☐ Practice your jump shot at Thomason Base Gym.



☐ Color or draw pictures together.

☐ Go on a scavenger hunt in your neighborhood.

☐ Attend "Light for Little Lives"
Apr. 2, 9-11AM at the Base Theater

☐ Have a dance party!

☐ Do a puzzle together.



☐ Have a family game night at home.

☐ Bake cookies together.



☐ Do the Purple Up! Color Run,
Apr. 21, 1-3PM, Covella Pond-Boyett Field Area

☐ Find a new trail and go on an adventure!

☐ Plant flowers or vegetables or pick up litter for Earth Day.



☐ Fill in the blank! What will you do today?

☐ Attend Ice Cream Extravaganza
Apr. 25, 3-6PM at the Base Library



☐ Stargaze in your own yard.

☐ Have a family movie night.



☐ Go the "Once Upon A Tree" story time
at the Base Library on Apr. 26, 6-8PM

☐ Collect rocks and leaves and make a nature collage.



☐ Do a kid-friendly workout together.